

## RESOURCES FOR TEENS AND THOSE THAT SUPPORT THEM

**Below are clickable links to specific organizations that have created a digital space for Teens during the pandemic:**

- [BBOYO On Demand \(Pluralistic\)](#)
- [NFTY \(Reform\)](#)
- [CTeen Channel \(Orthodox\)](#)
- [NCSY \(Orthodox\)](#)
- [Hillel International \(Pluralistic, College Students\)](#)

**Below are clickable links to specific pop-up programs/sites to help teens and adults cope and thrive during the month of May:**

- [Collective Compassion](#) - Month of May
- [Days of Gratitude](#) - May 22 - May 30
- [Baking for Balance](#) - May 31

**Below are clickable links to help parents and professionals working with teens:**

- [Collection of Resources for Professionals on Teen Wellness](#)
- [Educator's Guide to Resources on Teen Mental Wellness](#)
- [Local Resource: GMJF COVID-19 Resources](#)
- [Resources for Challenging Times](#)
- [Jewish Teens Thrive](#)
- [It's Not About the Nail Video - Learning to Listen](#)